

Daily Supplements: Can They Help Your Pet?

As a pet parent, you want your dog or cat to be their very healthiest. You feed a great pet food with lots of nutrition science behind it and you're picky about the treats you allow.

But could you be doing more?

PURINA®
PRO PLAN®
VETERINARY DIETS

FEAR FREE
HAPPY
HOMES

Helping pets live happy, healthy, full lives

How Supplements Can Help

- ♥ Giving a nutritional helping hand with a daily supplement isn't always necessary, but depending on your pet's age, health condition or eating habits, it could add extra benefits for seniors with mobility problems, pets with digestive or skin and coat issues, or who experience anxiety in the face of separation, changes in routine, or unexpected sounds.
- ♥ A supplement can benefit your pet without changing their diet, which can disrupt the mealtime routine.
- ♥ The right supplement can help you customize your pet's meals to support their special needs, whether for a dry, dull coat or an immune system boost.

Ways To Give Supplements

- 🐾 Giving a supplement with your dog or cat's meal is often the best way to get it down the hatch, but will your pet eat their favorite food if you add something to it? Most likely. Nutritional boosters are formulated to appeal to pets.
- 🐾 Supplements come in several different formats, including oils, tablets, and powders. Oils can be squirted onto food and mixed in; tablets are usually tasty so they can be given as a treat; and powders can also be mixed into food, especially canned or fresh food.

Just the Right Amount

- 🐾 You probably know that giving too much of a supplement can unbalance a pet's diet or cause undesirable side effects such as stomach upset. PRO PLAN supplements are formulated to complement a complete and balanced diet. If given in the recommended amounts, they can provide safe and beneficial levels of nutrients.
- 🐾 Talk to your veterinarian about which supplements can be given together. High levels of omega 3 fatty acids can lead to intestinal upset, for example, so it's best not to give two supplements that each contain fish oils. A fish oil supplement can be safely combined with a probiotic powder or tablet supplement, however.
- 🐾 If you accidentally give too much of a fish oil supplement, refrain from giving it the next day and then restart it at normal levels.



Talk to Your Veterinarian

Discuss supplementation with your veterinarian:

- 🐾 If your pet has a health condition or an allergy.** Some supplements can aid the immune system or complement your pet's treatment, but not all supplements are right for all conditions and they aren't a replacement for medication.
- 🐾 If your pet is pregnant or producing milk for puppies or kittens.** Pregnant and lactating animals have different nutritional needs that certain supplements might not be formulated to meet. Your veterinarian can advise you on whether to stop giving the supplement or adjust the amount you give.
- 🐾 If you have both dogs and cats.** Supplements are formulated to meet the specific needs of cats and dogs. It might look as if they have the same ingredients, but the recommended daily amounts are different for each species. Always give the appropriate product for your specific pet.
- 🐾 If you have puppies or kittens.** Growing animals have special needs. Always ask your veterinarian before adding a supplement to the diet of a puppy or kitten.



Give Supplements Time to Work

Supplements aren't a quick fix. They take time to work. Give them as directed on a daily basis. Results may be seen within a few weeks or can take as long as a few months, depending on the product, the condition, and your individual pet. Every pet is different and will respond in different ways—and in different time frames—to supplements.

For more information, please visit
[fearfreehappyhomes.com](https://www.fearfreehappyhomes.com)